



Directory of Licensed Facilities

in Creek, Osage, and Tulsa Counties

Long-Term Care Ombudsman Supervisors

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This directory is provided by INCOG Area Agency on Aging and the Long-Term Care Ombudsman Program. Funds were provided, in part, through a grant from the Oklahoma Department of Human Services, Division of Aging Services, under provisions of the Older Americans' Act of 1965, as amended. No person is excluded from participation in any program or denied any benefit on the basis of race, creed, color, religion, sex, national origin, age, or disability.

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BECOME AN OMBUDSMAN VOLUNTEER

- Are you concerned about the needs of older people?
 - Are you able to work with many types of people?
- Are you willing & able to follow problems through to resolution?
- Are you interested in advocating for people living in Nursing Homes, Assisted Living or Residential Care Facilities?

If so, then please contact one of our Ombudsman Supervisors.

(Special training places and dates can be arranged outside the immediate Tulsa area within Creek, Osage & Tulsa counties)

LONG-TERM CARE OMBUDSMAN PROGRAM

Definition of Ombudsman

The ombudsman program serves residents in Oklahoma, living in nursing homes, assisted living, and residential care homes. An ombudsman helps improve the quality of life and the quality of care available to the residents.

A long-term care ombudsman is a person who receives complaints from residents of long-term care facilities, their friends, relatives or agencies. The LTC Ombudsman attempts to resolve those complaints within the facility. The ombudsman has the authority to explore problems and recommend corrective action.

Nature of the Program

The ombudsman program is supported by local volunteers committed to improving and enriching the lives of older persons in long-term care facilities. The Area Agency on Aging provides local supervision and support for the volunteers and additional support is provided by State Ombudsman Program staff.

If you want to check complaint experience on a facility, call the LTC Ombudsman Supervisor for the area in which the facility is located.

CHECKLIST TO DETERMINE WHEN A PERSON NEEDS AN OMBUDSMAN'S HELP

A person may need the services of an Ombudsman prior to placing a loved one in a facility to:

- Discuss the level of care that would benefit the resident.
- Check on the Ombudsman's experiences with the facility.
- Learn which facilities have specific services or amenities the resident will require.
- Request the "Directory of Licensed Facilities in Creek, Osage and Tulsa Counties."
- Discuss sources of payment including Medicare/Medicaid guidelines.

After placing a person in a facility, an Ombudsman may be needed to:

- Request information regarding any aspect of resident life.
- File a complaint or to discuss a concern.
- Discuss state and federal laws and regulations.
- Protest notice of an involuntary transfer or discharge.
- Discuss Advance Directives (Living Wills) and Do Not Resuscitate (DNR) forms.
- Discuss the Living Choice Program.

The INCOG Area Agency on Aging has three LTC Ombudsman Supervisors that serve specific areas in Creek, Osage, and Tulsa Counties:

Lesley Smiley (918) 359-1022 lsmiley@incog.org

Cathy Sullins (918) 359-2021 csullins@incog.org

WHAT IS A NURSING HOME?

Nursing Home Care Act
Title 63 of the Oklahoma Statutes
Section 1-1901 et. seq.

2001 Amendments

The nursing facility provides 24-hour skilled care and related services for residents who require medical or nursing care. These facilities are licensed under the Nursing Home Care Act, 63 O.S. Supp. 1998, Section 1-1901 et seq., and the Regulations for Licensure of Nursing and Specialized Facilities, OAC 310:675.

Nursing facilities are designed to provide long-term nursing care, or for persons convalescing from illness which are not appropriate for a hospital or available through home care programs or other alternatives. Besides providing 24-hour care, a room, meals, help with daily living, and activities daily are included. Residents have health problems which keep them from living on their own and may require daily medical attention. Nursing facilities are expected to provide a high quality of life and care for all residents.

For more information check the following web sites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes www.ok.gov/health/.

NURSING HOME CHECKLIST

When trying to find a suitable nursing home a checklist can assist the consumer evaluate the nursing home that is visited. Use a checklist for each home you visit. It is recommended that the consumer visit two or three facilities if possible. When possible, the person that is going to live in the facility should be involved in the process of finding the facility in which they want to live.

- Is the nursing home Medicare-certified?
- Is the facility Medicaid-certified?
- Does the facility have the level of care needed and is a bed available?
- Does the nursing home have special services if needed (e.g. dementia, ventilator)? Is a bed available?
- Is the nursing home located close enough for family and friends to visit?
- Are residents clean, appropriately dressed for the season or time of day, and well groomed?
- Is the nursing home free from overwhelming unpleasant odors?
- Does the nursing home appear to be clean and well-kept?
- Is the temperature in the facility comfortable for the residents?
- Are the noise levels in the dining room and other common areas comfortable?
- Is there a smoking room for residents to use?
- Are the furnishings sturdy, yet comfortable and attractive?
- May residents have personal belongings and/or furniture in their rooms?
- Are there policies and procedures to protect resident's possessions?
- Does the facility have quiet and private areas where residents can visit with friends and family?
- Are all common areas, resident rooms, and doorways designed for wheelchair use?
- Are nutritious night snacks available?
- Does the facility have a variety of activities for residents?
- Does the relationship between the staff and the residents appear to be caring, polite, and respectful?
- Do you hear staff knocking on the doors before entering a resident's room and refer to residents by name?
- Is the facilities annual State Health Department's Survey posted or in a notebook where you can read it?

WHAT IS A SKILLED NURSING FACILITY?

OBRA '87 (Omnibus Budget Reconciliation Act of 1987) amends the Medicare provisions of the Social Security Act, found at section 1819 of the Act. OBRA's Medicare requirements are also contained in the United States code, at volume 42, section 1395i-3.

As found in the Omnibus Budget Reconciliation Act of 1987 as amended through 1991
1991 Medicare Requirements:
1395i-3. Requirements for, and assuring quality of care in, skilled nursing facilities:

Skilled nursing facility defined

(a) In this subchapter the term "skilled nursing facility" means an institution (or a distinct part of an institution) which-

(1) Is primarily engaged in providing to residents-

- (a) Skilled nursing care and related services for residents who require medical or nursing care,
- (b) Rehabilitation services for the rehabilitation of injured, disabled, or sick persons, and is not primarily for the care and treatment of mental diseases;

(2) Has in effect a transfer agreement (meeting the requirements of section 1395x(l) of this title) with one or more hospitals having agreements in effect under section 1395cc of this title and

(3) Meets the requirements for a skilled nursing facility described in subsections (b), (c), and (d) of this section

For more information check the following web sites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org, and Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Arbor Village NH1903 310 W. Taft Ave. Sapulpa, OK 74066 Adm: Ernie Johnson, III Ombudsman: Lesley Smiley	(918) 244-6012	YES	YES	142	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits
Aspen Health & Rehab NH7261 1251 W. Houston St. Broken Arrow, OK 74012 Adm: Londell Taylor Ombudsman: Lesley Smiley	(539) 367-4500	YES	YES	126	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke free building
Barnsdall Nursing Home NH5701 411 W. Chestnut Ave. Barnsdall, OK 74002 Adm: Daniel Lawson Ombudsman: Lesley Smiley	(918) 847-2572	YES	YES	40	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Beacon Ridge NH1902 102 E Line Ave. Sapulpa, OK 74066 Adm: Anna Edwards Ombudsman: Lesley Smiley	(918) 216-1811	YES	YES	69	<ul style="list-style-type: none"> • Senior Mental Health Facility
Broken Arrow Nursing Home NH7205 424 N. Date Ave. Broken Arrow, OK 74012 Adm: Paulie Cooper Pourman Ombudsman: Lesley Smiley	(918) 251-5343	YES	YES	101	<ul style="list-style-type: none"> • Respite care minimum 10 days • Hospice available • PT, OT, ST Rehab • Smoke-free building
Cedarcrest Care Center NH7224 1306 E. College St. Broken Arrow, OK 74012 Adm: Patty Woodhouse Ombudsman: Lesley Smiley	(918) 251-3200	YES	YES	80	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Cimarron Pointe Care Center NH1907 404 E. Cimarron Dr. Mannford, OK 74044 Adm: Brenda May Ombudsman: Lesley Smiley	(918) 865-7701	YES	YES	92	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Colonial Manor Nursing Home NH7208 1815 E. Skelly Dr. Tulsa, OK 74105 Adm: Robert Cree Ombudsman: Lesley Smiley	(918) 743-7838	YES	YES	120	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Covenant Living at Inverness CC1902 3800 W. 71 st St. Tulsa, OK 74132 Adm: Ruben Bearer Ombudsman: Jamie Trost	(918) 481-9988	YES	NO	44	<ul style="list-style-type: none"> • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Drumright Nursing Home NH1901 701 N. Bristow Ave. Drumright, OK 74030 Adm: Brittany Edwards Ombudsman: Lesley Smiley	(918) 352-3431	YES	YES	133	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab
Emerald Care Center Tulsa NH7210 2425 S. Memorial Dr. Tulsa, OK 74129 Adm: Jerry Cliff Ombudsman: Lesley Smiley	(918) 628-0932	YES	YES	118	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Evergreen Care Center Baptist Village of Owasso CC7206 12600 E 73 rd St. N. Owasso, OK 74055 Adm: Mitzi Epperson Ombudsman: Jamie Trost	(918) 272-8007	YES	YES	120	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Fairfax Manor NH5702 701 W. Taft Fairfax, OK 74637 Adm: Stephen Fitch Ombudsman: Lesley Smiley	(918) 642-3234	YES	YES	60	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Smoke-free building
Forest Hills NH7244 4300 W. Houston St. Broken Arrow, OK 74012 Adm: Brooke Howard Ombudsman: Jamie Trost	(918) 254-5000	YES	YES	159	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Smoke-free building
Franciscan Villa CC7202 17110 E. 51 st St. Broken Arrow, OK 74012 Adm: Terri Mullins Ombudsman: Jamie Trost	(918) 355-1596	YES	YES	80	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • ADvantage Program • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Glenwood Healthcare NH7233 1700 E. 141 st St. Glenpool, OK 74033 Adm: Stephanie Kissman Ombudsman: Jamie Trost	(918) 291-4230	YES	YES	119	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Grace Living Center NH7202 711 N. 5 th St. Jenks, OK 74037 Adm: David Barrett Ombudsman: Jamie Trost	(918) 299-8508	YES	YES	187	<ul style="list-style-type: none"> • Respite Care • Hospice available • Veteran approved • PT, OT, ST Rehab • Secured exits • Smoke-free building • Eden Alternative Project
Gracewood Health & Rehab NH7229 6201 E. 36 th St. Tulsa, OK 74135 Adm: Belinda Sosi Ombudsman: Jamie Trost	(918) 622-3430	YES	YES	121	<ul style="list-style-type: none"> • Respite Care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Green Country Care Center NH7204 3601 N. Columbia Ave. Tulsa, OK 74110 Adm: Julie Justice Ombudsman: Jamie Trost	(918) 428-3600	YES	YES	114	<ul style="list-style-type: none"> • Advantage Respite Care • Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Leisure Village NH7216 2154 S. 85 th E. Ave. Tulsa, OK 74129 Adm: Jodi Coatney Ombudsman: Jamie Trost	(918) 622-4747	YES	YES	117	<ul style="list-style-type: none"> • Respite Care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Maplewood Care Center NH7226 6202 E. 61 st St. Tulsa, OK 74136 Adm: Cathy Wilson Ombudsman: Lesley Smiley	(918) 494-8830	YES	YES	149	<ul style="list-style-type: none"> • Respite Care • Hospice available • Veteran approved • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Montereau CC7204 6800 S. Granite Ave. Tulsa, OK 74136 Adm: Tammy Brown Ombudsman: Lesley Smiley	(918) 491-5200	YES	NO	74	<ul style="list-style-type: none"> • Respite Care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
North County Center for Nursing & Rehab NH7207 2300 W. Broadway Collinsville, OK 74021 Adm: Emilie Creswell Ombudsman: Jamie Trost	(918) 371-2545	YES	YES	119	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • ADvantage Program • Smoke-free building
Oklahoma Methodist Manor NH7218 4134 E. 31 st St. Tulsa, OK 74135 Interim Adm: Jacob Will Ombudsman: Lesley Smiley	(918) 743-2565	YES	YES	84	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Rainbow Health Care Community CC1901 111 E. Washington Ave. Bristow, OK 74010 Adm: Doug Keifer Ombudsman: Lesley Smiley	(918) 367-2246	YES	YES	106	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits
Ranch Terrace NH1905 1310 E. Cleveland Ave. Sapulpa, OK 74066 Adm: Gary Hightower Ombudsman: Lesley Smiley	(918) 224-2578	YES	YES	85	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Resident's smoking room
Saint Simeon's Episcopal Home CC7205 3701 M. L. K., Jr. Blvd. Tulsa, OK 74106 Adm: Amanda Terrell Ombudsman: Lesley Smiley	(918) 425-3583	YES	NO	109	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Alzheimer's Unit

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
<p>Sand Springs Nursing and Rehabilitation Center NH7217 1025 N. Adams Rd. Sand Springs, OK 74063 Adm: Peggy Rovenstein Ombudsman: Lesley Smiley</p>	(918) 245-5908	YES	YES	213	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Resident's smoking room • Respite Care
<p>Senior Suites NH7214 3501 W. Washington St. Broken Arrow, OK 74012 Adm: Merrideth Harper Ombudsman: Jamie Trost</p>	(918) 250-5405	YES	YES	52	<ul style="list-style-type: none"> • Respite Care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
<p>Sequoyah Pointe NH7242 8515 N. 123rd E. Ave. Owasso, OK 74055 Adm: Stacie Cloud Ombudsman: Lesley Smiley</p>	(918) 272-5151	YES	YES	92	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Sherwood Manor NH7225 2416 W. 51 st St. Tulsa, OK 74107 Adm: Darlene Kindle Ombudsman: Lesley Smiley	(918) 446-4284	YES	YES	102	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Resident's smoking room
Skiatook Nursing Home NH5705 318 S. Cherry St. Skiatook, OK 74070 Adm: Melissa Johnson Ombudsman: Jamie Trost	(918) 396-2149	YES	YES	70	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab
Southern Hills Rehab Center NH7227 5170 S. Vandalia Ave. Tulsa, OK 74135 Adm: Jessica Hudson Ombudsman: Jamie Trost	(918) 496-3963	YES	YES	118	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
The Ambassador NH7201 1340 E. 61 st St. Tulsa, OK 74136 Adm: Rebecca Murray Ombudsman: Jamie Trost	(918) 743-8978	YES	YES	171	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits
The Cottage at Woodland Hills NH7253 7707 S. Memorial Dr. Tulsa, OK 74133 Adm. Derek Quinton Ombudsman: Jamie Trost	(918) 250-8571	YES	YES	176	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Smoke-free building
The Gardens NH1906 1165 Brenner Rd. Sapulpa, OK 74066 Adm: Valerie Bomar Ombudsman: Lesley Smiley	(918) 224-0600	YES	YES	80	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
The Highlands at Owasso NH7259 10098 N. 123 rd E. Ave. Owasso, OK 74055 Adm: Shelby Sweet Ombudsman: Lesley Smiley	(918) 928-4800	YES	YES	105	<ul style="list-style-type: none"> • Safe Room • Van Transportation • Rehab
The Villages at Southern Hills CC7207 5721 S. Lewis Ave. Tulsa, OK 74105 Adm: Lee Sudbeck Ombudsman: Jamie Trost	(918) 447-6447	YES	YES	100	<ul style="list-style-type: none"> • Respite Care • Hospice available • PT, OT, ST Rehab • Secured & Scheduled Exits • Scheduled Transportation • Lifetime Wellness • Smoke-free Campus
Tulsa Nursing Center NH7230 10912 E. 14 th St. Tulsa, OK 74128 Adm: Belinda Butler Ombudsman: Jamie Trost	(918) 438-2440	YES	YES	104	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Instructions
University Village NH7213 8555 S. Lewis Ave. Tulsa, OK 74137 Adm: Paul Gilbert Ombudsman: Lesley Smiley	(918) 299-2661	YES	YES	80	<ul style="list-style-type: none"> • Parkinson's program • Respite care • Hospice available • PT, OT, ST Rehab • Smoke-free building
Village Health Care Center NH7228 1709 S. Main St. Broken Arrow, OK 74012 Adm: Leslie Venable Ombudsman: Jamie Trost	(918) 251-2626	YES	YES	80	<ul style="list-style-type: none"> • Respite Care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Zarrow Pointe CC7203 2025 E. 71 st St. Tulsa, OK 74136 Adm: Jim Jakubovitz Ombudsman: Jamie Trost	(918) 496-8333	YES	NO	62	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

CONTINUUM OF CARE

WHAT IS A CONTINUUM OF CARE FACILITY?

Continuum of Care and Assisted Living
66 O.S. Supp. 1998, Section 1-890.1 et qes., and the
Continuum of Care and Assisted Living Rules,
OAC 310:663

“Continuum of care facility” means a home, establishment or institution providing nursing facility services as defined in Section 1-1902 of Title 63 of the Oklahoma Statutes and one or both of the following:

(A)assisted living center services as defined in the Continuum of Care and Assisted Living Act; and

(B)adult day care center services as defined in Section1-872 of Title 63 of the Oklahoma Statutes 63: I-890.2.4}.

Continuum of care facilities gives the consumer a choice of settings that can be adjusted to meet their needs and capabilities. When living in a continuum of care residents might not have to be discharged based on short-term variations in their health status or ability to ambulate. This type of facility combines the services of a nursing home with an assisted living center or an adult day care center.

For more information check the following web sites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org, and Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Covenant Living at Inverness Village CC1902 3800 W. 71 st St. Tulsa, OK 74132 Adm: Ruben Bearer Ombudsman: Jamie Trost	(918) 481-9988	YES	NO	135	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Evergreen Care Center Baptist Village of Owasso CC7206 12600 E. 73 rd St. N. Owasso, OK 74055 Adm: Mitzi Epperson Ombudsman: Jamie Trost	(918) 272-8007	YES	YES	120	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Franciscan Villa CC7202 17110 E. 51 st St. Broken Arrow, OK 74012 Adm: Terri Mullins Ombudsman: Jamie Trost	(918) 355-1596	YES	YES	165	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Veteran Approved • Hospice available • PT, OT, ST Rehab • Smoke-free building

Name/Addresses	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
Montereau CC7204 6800 S. Granite Ave. Tulsa, OK 74136 Adm: Tammy Brown Ombudsman: Lesley Smiley	(918) 491-5288	YES	NO	194	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Rainbow Health Care Community CC1901 111 E. Washington Bristow, OK 74010 Adm: Doug Keifer Ombudsman: Lesley Smiley	(918) 367-2246	YES	YES	106	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Resident's smoking room
Saint Simeon's Episcopal Home CC7205 3701 M. L. K., Jr. Blvd. Tulsa, OK 74106 Adm: Amanda Terrell Ombudsman: Lesley Smiley	(918) 425-3583	YES	NO	55	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Information & Special Services
The Villages at Southern Hills CC7207 5721 S. Lewis Ave. Tulsa, OK 74105 Adm: Lee Sudbeck Ombudsman: Jamie Trost	(918) 447-6447	YES	YES	100	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured & Scheduled Exits • Scheduled Transportation • Lifetime Wellness • Smoke-free Campus
Zarrow Pointe CC7203 2025 E 71 st St. Tulsa, OK 74136 Adm: Jim Jakubovitz Ombudsman: Jamie Trost	(918) 496-8333	YES	NO	111	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

ASSISTED LIVING

WHAT IS AN ASSISTED LIVING FACILITY?

Title 310. Oklahoma State Department of Health
Chapter 663. Continuum of Care and Assisted Living

Assisted living means any home or establishment offering, coordinating or providing services to two or more persons who: are domiciled therein; are unrelated to the operator; by choice or functional impairments, need assistance with personal care or nursing supervision; may need intermittent or unscheduled nursing care; may need medication assistance; and may need assistance with the transfer and/ambulation as defined in Section 310:663-1-2 of the Oklahoma statutes. {63:1-890.1.1}

Costs vary with the residence, unit size, and the types of services needed by the residents. Medicaid does not cover costs of assisted living facilities. Also, pay close attention to contracts or agreements as they differ from facility to facility. What Types of Services are offered in Assisted Living facilities?

- Three meals a day in a common dining area
- Housekeeping services
- Transportation
- Assistance with Activities of Daily Living (ADL): eating, bathing, dressing, toileting and mobility
- 24-hour security and staff availability
- Medication management
- Emergency call systems for each resident's unit
- Social and recreational activities
- Personal laundry services

For more on Assisted Living in Oklahoma contact the Oklahoma Assisted Living Association at www.OKALA.org or by calling 405-235-5000 or contact Argentum (formerly the Assisted Living Federation of America) at www.argentum.org.

ASSISTED LIVING FACILITY CHECKLIST

Costs vary with the residence, unit size, and the types of services needed by the residents. Medicaid does not cover costs of assisted living facilities. Also, pay close attention to contracts or agreements as they differ from facility to facility. The following is a consumer checklist of important services, amenities and accommodations in assisted living communities. Every community is unique. Each provider should have copies of their resident contract outlining, at a minimum, services, prices, extra charges, admission and discharge criteria.

Consider the following as you assess an assisted living residence:

- Did you receive a warm greeting from staff welcoming you to the residence?
- Do residents socialize with each other and appear happy and comfortable?
- Is a contractual agreement available that discloses healthcare and supportive services, all fees, as well as Admission and discharge provisions?
- Are additional services available if the resident's needs change?
- Are there different costs for various levels or categories of services?
- Is there evidence of an organized activities program, such as a posted daily schedule, events in progress, reading materials, visitors, etc.?
- Are there set time for meals? If so, when are they?
- Are residents able to bring their own furnishings for their unit? What is provided? May residents decorate their own units?
- Is the residence clean, free of odors and appropriately heated/cooled?
- To what extent are medical services available and how are these services provided?
- Can the residence provide a list of services available?
- Does the residence provide housekeeping and/or personal laundry and linen services in the resident's units?
- Does the residence provide transportation to doctor's offices, shopping and other activities desired by residents?
- Are there various sizes and types of units available?

Name/Address	Code	Phone	Number of Beds	Administrator/Comments
Aberdeen Heights 7220 S. Yale Ave. Tulsa, OK 74136 Ombudsman: Lesley Smiley	AL 7201	(918) 496-0123	120	Adm: Anita Beatt
Aberdeen Memory Care 7210 S. Yale Ave. Tulsa, OK 74136 Ombudsman: Lesley Smiley	AL7258	(918) 591-2525	68	Adm: Interim Daren Severson <i>Memory Unit</i>
BeeHive Homes of Broken Arrow 3200 W. Washington St. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	AL7269	(918) 505-9995	22	Adm: Magen James
BeeHive Homes of Glenpool 12570 Vancouver Ave. Glenpool, OK 74033 Ombudsman: Jamie Trost	AL 7242	(918) 693-1012	24	Adm: Lisa Meacham

Name/Address	Code	Phone	Number of Beds	Administrator/Comments
Bellarose Senior Living 18001 E. 51 st St. Tulsa, OK 74134 Ombudsman: Lesley Smiley	AL7240	(918) 	110	Adm: Tracie Nail
Broken Arrow Assisted Living – Canoe Brook 2621 S. Elm Pl. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	AL7262	(918) 451-9626	45	Adm: Tim Stimson
Brookdale at 71st & Sheridan 6022 E. 71 st St. Tulsa, OK 74136 Ombudsman: Jamie Trost	AL 7206	(918) 494-4011	52	Adm: Julie Foster
Brookdale at Cedar Ridge 10107 S. Garnett Broken Arrow, OK 74011 Ombudsman: Jamie Trost	AL 7256	(918) 252-0590	74	Adm: Tammy Richards <i>Memory Unit</i>
Brookdale of Tulsa Midtown 5211 S. Lewis Tulsa, OK 74105 Ombudsman: Lesley Smiley	AL 721	(918) 743-2700	120	Adm: Jennifer Braun <i>Memory Unit</i>

Name/Address	Code	Phone	Number of Beds	Administrator/Comments
Brookdale of Owasso 12807 E. 86 th Pl. N. Owasso, OK 74055 Ombudsman: Lesley Smiley	AL 7207	(918) 272-0202	43	Adm: Brittany Caspell
Brookdale of Tulsa South 8231 S. Mingo Rd. Tulsa, OK 74133 Ombudsman: Lesley Smiley	AL7205	(918) 461-1100	43	Adm: Courtney Ivy
Brookdale of Broken Arrow 4011 S. Aspen Broken Arrow, OK 74011 Ombudsman: Lesley Smiley	AL 7204	(918) 451-1987	44	Adm: Kari Willard
Colonial Oaks of Tulsa (formerly Autumn Leaves) 7807 S. Mingo Rd. Tulsa, OK 74133 Ombudsman: Jamie Trost	AL7238	(918) 249-1300	46	Adm: Danna Wise
Comprehensive Community Rehab Services 10018 E. 29 th St. Tulsa, OK 74129 Ombudsman: Jamie Trost	AL 7219	(918) 574-8833	15	Adm: Elesia Phillips

Name/Address	Code	Phone	Number Of Beds	Administrator/Comments
Covenant Living at Inverness Village 3800 W. 71 st St. S. Tulsa, OK 74132 Ombudsman: Jamie Trost	CC1902	(918) 481-9988	47	Adm: Ruben Bearer <i>Memory Unit</i>
Covenant Living of Bixby 7300 East 121 st Place South Bixby, OK 74008 Ombudsman: Lesley Smiley	AL7264	(918) 970-4430	68	Adm: Rickey Garrett Lee
Forest Hills 4303 W. Houston St. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	AL7211	(918) 250-1700	42	Adm: Interim Melissa Bettis
Franciscan Villa 17110 E. 51 st S. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	CC7202	(918) 355-1596	85	Adm: Dinah Donley <i>Accepts ADvantage</i>

Name/Address	Code	Phone	Number Of Beds	Administrator/Comments
Green Tree at Sand Springs 4204 S. 129 th W. Ave. Sand Springs, OK 74063 Ombudsman: Lesley Smiley	A7228	(918) 246-8733	68	Adm: Arvella McCollom <i>Memory Unit</i>
Heatheridge 2130 S. 85 th E. Ave Tulsa, OK 74129 Ombudsman: Lesley Smiley	AL7203	(918) 622-9191	29	Adm: Adam Bechtold
Heritage Point of Tulsa 9494 E. 101 st St. Tulsa, OK 74133 Ombudsman: Jamie Trost	AL7266	(918) 940-1800	57	Adm: Debra Lovelace
Homestead of Owasso 14701 E. 86 th St. N. Owasso, OK 74055 Ombudsman: Jamie Trost	AL7225	(918) 376-2226	60	Adm: Jerilyn Davidson <i>Memory Unit</i>
Legend at Mingo Road 7902 S. Mingo Rd. Tulsa, OK 74133 Ombudsman: Lesley Smiley	AL7261	(918) 893-3500	85	Adm: Julie Dyson <i>Memory Unit</i>

Name/Address	Code	Phone	Number Of Beds	Administrator/Comments
Legend at 71st Street 701 West 71 st Street South Tulsa, OK 74133 Ombudsman: Jamie Trost	AL1103	(918) 588-3600	95	Adm: Trish Kwaitkowski <i>Memory Unit</i>
Liberty Place at Baptist Village Owasso 7310 N. 127 th E. Ave Owasso, OK 74055 Ombudsman: Jamie Trost	CC7206	(918) 272-8007	65	Adm: Nathan Purifoy
Living Rose Christian Assisted Living Home 1108 N. Fern Ave Broken Arrow, OK 74012 Ombudsman: Jamie Trost	AL7260	(918) 851-7906	5	Adm: Tammy Spinazzola
Montereau 6800 S. Granite Tulsa, OK 74136 Ombudsman: Lesley Smiley	CC7204	(918) 491-5288	90	Adm: Tammy Brown
North County Assisted Living 523 N. 22 nd St. Collinsville, OK 74021 Ombudsman: Jamie Trost	AL7218	(918) 371-1919	35	Adm: Dinah Donley <i>Accepts ADvantage</i>

Name/Address	Code	Phone	Number Of Beds	Administrator/Comments
Oklahoma Methodist Manor 3130 S. Sandusky Ave. Tulsa, OK 74135 Ombudsman: Lesley Smiley	AL7226	(918) 743-2565	50	Adm: Sheryl Mayberry
Oxford Glen 11113 E. 103 rd St. North Owasso, OK 74055 Ombudsman: Lesley Smiley	AL7239	(918) 376-0960	42	Adm: Lisa Truett
Prairie House Assisted Living & Memory Care 2450 N. Stone Ridge Dr. Broken Arrow, OK 74012 Ombudsman: Lesley Smiley	AL7241	(918) 940-5200	105	Adm: Zach Henson <i>Memory Unit</i>
Rainbow Assisted Living 111 E. Washington Bristow, OK 74010 Ombudsman: Lesley Smiley	CC7205	(918) 367-6500	20	Adm: Doug Keifer
Saint Simeon's Episcopal Home 3701 Martin Luther King, Jr. Blvd. Tulsa, OK 74106 Ombudsman: Lesley Smiley	CC7205	(918) 425-3583	88	Adm: Amanda Terrell

Name/Address	Code	Phone	Number Of Beds	Administrator/Comments
Sand Plum 9999 E. 121 st Bixby, OK 74008 Ombudsman: Jamie Trost	AL7229	(918) 369-7100	100	Adm: Dani Woodland <i>Accepts ADvantage</i>
Senior Star at the Arbors 10201 S. Yale Tulsa, OK 74137 Ombudsman: Jamie Trost	AL7215	(918) 298-7799	25	Adm: Ken Owens
The Courtyards at The Ambassador 1380 E. 61 st St. Tulsa, OK 74136 Ombudsman: Jamie Trost	AL7210	(918) 743-7887	75	Adm: Rebecca Murray
The Linden at Stonehaven Square 10802 E. 81 st St. Tulsa, OK 74133 Ombudsman: Lesley Smiley	AL7267	(918) 203-0210	166	Adm: Kim Crenshaw

Name/Address	Code	Phone	Number Of Beds	Administrator/Comments
The Neighborhoods at Baptist Village of Broken Arrow 2801 N. Birch Ave. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	AL7259	(918) 355-0099	48	Adm: Monty Baggett <i>Memory Unit</i>
The Parke 7821 E. 76 th St. Tulsa, OK 74133 Ombudsman: Jamie Trost	AL7208	(918) 249-1262	70	Adm: Michayne Morris
The Villages at Southern Hills 5721 S. Lewis Ave. Tulsa, OK 74105 Ombudsman: Jamie Trost	CC7207	(918) 447-6447	100	Adm: Lee Sudbeck
Thompson Family Neighborhood at Baptist Village of Owasso 12317 E. 73 rd St. No. Owasso, OK 74055 Ombudsman: Jamie Trost	CC7206	(918) 272-2281	20	Adm: Mitzi Epperson

Name/Address	Code	Phone	Number Of Beds	Administrator/Comments
University Village 8555 S. Lewis Ave. Tulsa, OK 74137 Ombudsman: Lesley Smiley	AL7214	(918) 299-2661	100	Adm: Ryan Alsup
Zarrow Pointe 2025 E. 72 nd St. Tulsa, OK 74136 Ombudsman: Jamie Trost	CC7203	(918) 496-8333	61	Adm: Jim Jakubovitz

Residential Care

WHAT IS A RESIDENTIAL CARE FACILITY?

Nursing Home Care Act
Title 63 of the Oklahoma Statutes
Section 1-1901 et. Seq.
with 2001 Amendment
63-1-1902. Definitions.

“Residential care home” means any home, establishment, or institution licenses pursuant to the provisions of the Residential Care Act other than a hotel, motel, fraternity or sorority house, or college or university dormitory, which offers or provides residential accommodations, food service, and supportive assistance to any of its residents or houses any resident requiring supportive assistance. The residents shall be persons who are ambulatory and essentially capable of managing their own affairs, but who do not routinely require nursing care; provided, the term “residential care home” shall not mean a hotel, motel, Fraternity or sorority house, or college or university dormitory, if the facility operates in a manner customary to its description and does not house any person who requires supportive assistance from the facility in order to meet an adequate level of daily living.

A residential care home may provide assistance with meals, dressing, bathing, and other personal needs, and it may assist in the Administration of medications. However, it cannot provide medical care. Residents need to be ambulatory. Some residential care homes are located in large facilities while others are in small homes. Medicaid does not pay for a people to live in residential care facilities.

For more information check the following web sites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org, and Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/, go to “Long Term Care Inspection Surveys” under, “Online Services”.

Name/Address	Code	Phone	Number of Beds	Administrator/Comments
Country Club of Woodland Hills 6333 S 91 st E. Ave Tulsa, OK 74133 Ombudsman: Jamie Trost	RC7208	(918) 252-5451	43	Adm: Patricia Behrens
Heatheridge 2130 S. 85 th E. Ave. Tulsa, OK 74129 Ombudsman: Lesley Smiley	RC7215	(918) 622-9191	78	Adm: Adam Bechtold
Sarah's Residential Living Home 1571 E. 53 rd St. N. Tulsa, OK 74126 Ombudsman: Lesley Smiley	RC7262	(918) 951-2443	5	Adm: Elaine McDondle
Trusted Kare 5709 S. 66 th E. Ave. Tulsa, OK 74145 Ombudsman: Lesley Smiley	RC7243	(918) 499-2379	6	Adm: Mary McNeill

INTERMEDIATE CARE FOR INDIVIDUALS WITH DISABILITIES (ICFID)

HAT IS AN INTERMEDIATE CARE FACILITY FOR INDIVIDUALS WITH DISABILITIES (ICFID)

Title 310. Oklahoma State Department of Health: Chapter 675. Nursing and Specialized Facilities
Subchapter 11. Intermediate Care Facilities for Individuals with Disabilities 16 beds and less (ICF/MR-16)

310:675-11-1. Scope

This Subchapter is applicable to small facilities serving the mentally retarded which provide residential accommodations and transitional living training to aid residents in adapting to live in the general society. Resident accommodations are limited to not more than 16 residents, plus any required “live-in” staff. Facilities qualifying under this subsection shall be exempt from other subsections of this Chapter, except as may be specifically referenced in this subsection. In addition to these requirements, all facilities must meet the provisions of the Nursing Home Care Act.

ICFID (Intermediate Care Facilities for Individuals with Disabilities) is a specialized facility providing health care or habilitation services to individuals with mental retardation or developmental disabilities.

“A specialized facility is any home, establishment or institution that offers or provides inpatient long-term care services on a 24 hour basis to a limited category of persons requiring such services, including but not limited to a facility providing health or habilitation services for persons who have mental retardation or developmental disabilities.”

You can find the definition of specialized facility in the Nursing Home Care Act and also in CODE policy. ICFID is not defined within those acts but the purpose of the directory the specialized facility is applicable.

For more information regarding ICFID facilities, please go to
http://www.cms.gov/manuals/downloads/som107ap_j_intermcare.pdf

Name/Address	CODE	Phone	Number of Beds	ADMINISTRATOR/COMMENTS
Gatesway Foundation, Inc. 1217 E. College St. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	NH7212	(918) 259-1445	69	Adm: Stacy Ware
Gatesway Foundation, Inc. II 1217 E. College St. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	NH7236	(918) 258-3900	16	Adm: Stacy Ware
Gatesway Foundation, Inc. III 1401 E. College St. Broken Arrow, OK 74012 Ombudsman: Jamie Trost	NH7252	(918) 258-3900	3	Adm: Stacy Ware
Gatesway Foundation, Inc. IV 1301 E. Ray Miller Jr. Loop Broken Arrow, OK 74012 Ombudsman: Jamie Trost	NH7257	(918) 258-3900	8	Adm: Stacy Ware
Gatesway Foundation, Inc. V 1305 E Ray Miller Jr. Loop Broken Arrow, OK 74012 Ombudsman: Jamie Trost	NH7258	(918) 258-3900	8	Adm: Stacy Ware

Name/Address	CODE	Phone	Number of Beds	ADMINISTRATOR/COMMENTS
Gatesway Residential Alternative # 1 7504 S. 82 nd E. Ave. Tulsa, OK 74133 Ombudsman: Jamie Trost	NH7248	(918) 258-3900	6	Adm: Stacy Ware
Gatesway Residential Alternative # 2 7208 S. Erie St. Tulsa, OK 74136 Ombudsman: Jamie Trost	NH7249	(918) 258-3900	6	Adm: Stacy Ware
Paddington Place 5707 S. Memorial Dr. Tulsa, OK 74145 Ombudsman: Jamie Trost	NH7232	(918) 252-2521	101	Adm: Tonya Vanderford

RESOURCE PAGE

Nursing Home Compare and Oklahoma State Health Department Survey Information:
www.medicare.gov. Click on the “Facilities and Doctors” tab to compare nursing homes.

Oklahoma Nursing Home Inspection: www.ok.gov/health. Under “Online Services” click on “Long Term Care Inspection Surveys” and select the type of facility you would like to research

National Consumer Voice for Quality Long-Term Care (formerly National Citizen’s Coalition for Nursing Home Reform, NCCHR): www.theconsumervoice.org

Oklahoma Department of Human Services (DHS) www.okdhs.org
OKDHS Aging Services <http://www.okdhs.org/services/aging/Pages/AgingServicesMain.aspx>

OKDHS Aging Services Long-Term Care Ombudsman
<https://oklahoma.gov/okdhs/services/aging-services/ombudsman.html>

INCOG Area Agency on Aging www.incog.org Phone: 918.584.7526
Statewide Senior Info-Line 1.800.211.2116

Alzheimer’s Association: www.alz.org/oklahoma

For more on Assisted Living in Oklahoma contact the Oklahoma Assisted Living Association
www.OKALA.org, 405.235.5000 or contact Argentum (formerly the Assisted Living Federation of America at www.argentum.org

Oklahoma State Department of Health Nursing Home Complaint Hotline 1-800-747-8419 or
Email LTCcomplaints@health.ok.gov

LONG-TERM CARE OMBUDSMAN SUPERVISORS

For Tulsa, Creek and Osage Counties

Cathy Sullins
(918) 579-9423
csullins@incog.org

Edward Jones
(918) 579-9471
ejones@incog.org

Ramona Conner
(918) 579-9448
rconner@incog.org

This directory is provided by INCOG Area Agency on Aging and the Long-Term Care Ombudsman Program. Funds were provided, in part, through a grant from the Oklahoma Department of Human Services, Aging Services Division, under provisions of the Older Americans Act of 1965, as amended. No person is excluded from participation in any program or denied any benefit on the basis of race, creed, color, religion, sex, national origin, age or disability.

Permission is granted to reproduce this directory.

LONG-TERM CARE OMBUDSMAN PROGRAM

Definition of Ombudsman: The Ombudsman Program serves residents in Oklahoma, living in nursing homes, assisted living and residential care homes. An Ombudsman helps improve the quality of life and the quality of care available to residents.

A Long-Term Care (LTC) Ombudsman is a person who receives complaints from residents of long-term care facilities, their friends, relatives or agencies. The LTC Ombudsman attempts to resolve those complaints within the facility. The Ombudsman has the authority to explore problems and recommend corrective action.

Nature of the Program: The Ombudsman Program is supported by local volunteers committed to improving and enriching the lives of older persons in long-term care facilities. The Area Agency on Aging provides local supervision and support for the volunteers and additional support is provided by State Ombudsman Program Staff.

If you want to check complaint experience on a facility, call the LTC Ombudsman Supervisor for the area in which the facility is located.

Become an Ombudsman Volunteer: Are you concerned about the needs of older people? Are you able to work with many types of people? Are you willing and able to follow problems through to resolution? Are you interested in advocating for people living in nursing homes, assisted living or residential care facilities? If so, please contact one of our Ombudsman Supervisors: Cathy Sullins (918) 579-9423, csullins@incog.org or Edward Jones (918) 579-9471, ejones@incog.org, or Ramona Conner (918) 579-9448, rconner@incog.org.

CHECKLIST TO DETERMINE WHEN A PERSON NEEDS AN OMBUDSMAN'S HELP

A person may need the services of an Ombudsman prior to placing a loved one in a facility to:

- ✓ Discuss the level of care that would benefit the resident.
- ✓ Check on the Ombudsman's experiences with the facility.
- ✓ Learn which facilities have specific services or amenities the resident will require.
- ✓ Request the "Director of Licensed Facilities in Creek, Osage and Tulsa Counties."
- ✓ Discuss sources of payment including Medicare/Medicaid guidelines.

After placing a person in a facility, an Ombudsman may be needed to:

- ✓ Request information regarding any aspect of resident life.
- ✓ File a complaint or to discuss a concern.
- ✓ Discuss state and federal laws and regulations.
- ✓ Protest notice of an involuntary transfer or discharge.
- ✓ Discuss Advance Directives (Living Wills) and Do Not Resuscitate (DNR) forms.
- ✓ Discuss the Living Choice Program.

The INCOG Area Agency on Aging has two full-time and one part-time LTC Ombudsman Supervisors who serve areas in Creek, Osage and Tulsa Counties: Cathy Sullins, Ombudsman Supervisor (918) 579-9423 csullins@incog.org, Ramona Conner, Ombuds Supervisor (918) 579-9448 rconner@incog.org, Edward Jones, Ombuds Supervisor (918) 579-9471, ejones@incog.org.

RESOURCE PAGE

- A. **Nursing Home Compare and Oklahoma State Health Department Survey Information:** [Find Healthcare Providers: Compare Care Near You | Medicare](#)
- B. **Oklahoma Nursing Home Inspection:** [Long Term Care Surveys \(ok.gov\)](#) At top of page on the left, click on “search” and select the type of facility you would like to research.
- C. **Oklahoma Nursing Home Complaint Hotline:** (800) 747-8419 or email: ltccomplaints@health.ok.gov
- D. **Oklahoma Attorney General/Long-Term Care Ombudsman:** 405-521-6734; ombudsman.intake.line@ltco.ok.gov
- E. **Oklahoma Department of Human Services (OKDHS):** [Human Services Department - OKDHS \(oklahoma.gov\)](#)
- F. **OKDHS Community Living, Aging and Protective Services (CAPS),** formerly Aging Services. [Community Living, Aging and Protective Services \(CAP\) \(oklahoma.gov\)](#)
- G. **INCOG Area Agency on Aging:** [INCOG | Tulsa, OK | Regional Partners - Regional Solutions](#) Phone: (918) 579-9477; Statewide Senior Info Line: (800) 211-2116.
- H. **Alzheimer’s Association,** www.alz.org, 24/7 Helpline: (800) 272-3900; Oklahoma Chapter: [Oklahoma Chapter \(alz.org\)](#)
- I. National **Consumer Voice** for Quality Long-Term Care: www.theconsumervoice.org

WHAT IS A NURSING HOME?

Nursing Home Care Act
Title 63 of the Oklahoma Statutes
Section 1-1901 et. Seq.
2001 Amendments

The nursing facility provides 24-hour skilled care and related services for residents who require medical or nursing care. These facilities are licensed under the Nursing Home Care Act, 63 O.S. Supp. 1998, Section 1-1901 et seq., and the Regulations for Licensure of Nursing and Specialized Facilities, OAC 310:675.

Nursing facilities are designed to provide long-term nursing care or for persons convalescing from illness which are not appropriate for a hospital or available through home care programs or other alternatives. Besides providing 24-hour care, a room, meals, help with daily living and activities daily are included. Residents have health problems which keep them from living on their own and may require daily medical attention. Nursing facilities are expected to provide a high quality of life and care for all residents.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

NURSING HOME CHECKLIST

When trying to find a suitable nursing home, a checklist can assist the consumer in evaluating the nursing home that is visited. Use a checklist for each home you visit. It is recommended that the consumer visit two or three facilities if possible. When possible, the person who is going to live in the facility should be involved in the process of finding the facility in which they want to live.

- ✓ Is the nursing home Medicare-certified?
- ✓ Is the facility Medicaid-certified?
- ✓ Does the facility have the level of care needed, and is a bed available?
- ✓ Does the nursing home have special services if needed (e.g., dementia, ventilator)? Is a bed available?
- ✓ Is the nursing home located close enough for family and friends to visit?
- ✓ Are residents clean, appropriately dressed for the season or time of day, and well-groomed?
- ✓ Is the nursing home free from overwhelming unpleasant odors?
- ✓ Does the nursing home appear to be clean and well-kept?
- ✓ Is the temperature in the facility comfortable for the residents?
- ✓ Are the noise levels in the dining room and other common areas comfortable?
- ✓ Is there a smoking room for residents to use?
- ✓ Are the furnishings sturdy yet comfortable and attractive?
- ✓ May residents have personal belongings and/or furniture in their rooms?
- ✓ Are there policies and procedures to protect residents' possessions?
- ✓ Does the facility have quiet and private areas where residents can visit with friends and family?
- ✓ Are all common areas, resident rooms and doorways designed for wheelchair use?
- ✓ Are nutritious night snacks available?
- ✓ Does the facility have a variety of activities for residents?
- ✓ Does the relationship between the staff and residents appear to be caring, polite and respectful?
- ✓ Do you hear staff knocking on doors before entering a resident's room and refer to residents by name?
- ✓ Is the facility's annual State Health Department's Survey posted or in a notebook where you can read it?

WHAT IS A SKILLED NURSING FACILITY?

OBRA '87 (Omnibus Budget Reconciliation Act of 1987) amends the Medicare provisions of the Social Security Act, found at section 1819 of the Act. OBRA's Medicare requirements are also contained in the United States code, at volume 42, section 1395i-3.

As found in the Omnibus Budget Reconciliation Act of 1987 as amended through 1991 Medicare Requirements: 1395i-3. Requirements for, and assuring quality of care in, skilled nursing facilities:

Skilled Nursing Facility Defined

- (a) In this subchapter, the term "skilled nursing facility" means an institution (or a distinct part of an institution) which:
- (1) Is primarily engaged in providing to residents:
 - a. Skilled nursing care and related services for residents who require medical or nursing care.
 - b. Rehabilitation services for the rehabilitation of injured, disabled or sick persons, and is not primarily for the care and treatment of mental diseases.
 - (2) Has in effect a transfer agreement (meeting the requirements of section 1395x(l) or this title) with one or more hospitals having agreements in effect under section 1395c of this title and
 - (3) Meets the requirements for a skilled nursing facility described in subsections (b), (c) and (d) of this section.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org and the [Long-Term Care Provider Survey/Inspection Results](#).

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Arbor Village NH 1903 310 W. Taft Ave. Sapulpa, OK 74066 Interim Admin: Matt Adamack Ombudsman: Ramona Conner	(918) 224-6012	YES	YES	142	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits
Aspen Health & Rehab NH 7261 1251 W. Houston St. Broken Arrow, OK 74012 Admin: Sarah Rose-Brownfield Ombudsman: Ramona Conner	(539) 367-4500	YES	YES	126	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Baptist Village of Owasso Evergreen Care Center CC 7206 12600 E. 73 rd Street North Owasso, OK 74055 Admin: Mitzi Epperson Ombudsman: Edward Jones	(918) 272-8007	YES	YES	120	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Beacon Ridge NH 1902 102 E. Line Ave. Sapulpa, OK 74066 Admin: Elizabeth Chapman Ombudsman: Ramona Conner	(918) 216-1811	YES	YES	69	<ul style="list-style-type: none"> • Senior mental health facility

Current as of 03/26/2026

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Broken Arrow Nursing Home NH 7205 424 N. Date Ave. Broken Arrow, OK 74012 Admin: Paulie Cooper Pourman Ombudsman: Cathy Sullins	(918) 251-5343	YES	YES	101	<ul style="list-style-type: none"> • Respite care minimum 10 days • Hospice available • PT, OT, ST Rehab • Smoke-free building
Cedarcrest Care Center NH 7224 1306 E. College St. Broken Arrow, OK 74012 Admin: Melinda Hurst Ombudsman: Cathy Sullins	(918) 251-3200	YES	YES	80	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits
Cimarron Pointe Care Center NH 1907 404 E. Cimarron Drive Mannford, OK 74044 Admin: Tonya Vanderford Ombudsman: Cathy Sullins	(918) 865-7701	YES	YES	92	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Colonial Manor Nursing Home NH 7208 1815 E. Skelly Drive Tulsa, OK 74105 Executive Director: Terri Mullins Ombudsman: Cathy Sullins	(918) 743-7838	YES	YES	120	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Covenant Living at Inverness CC 1902 3800 W. 71 st Street Tulsa, OK 74132 Admin: Sarah Soliman Ombudsman: Cathy Sullins	(918) 481-9988	YES	NO	44	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Drumright Nursing Home NH 1901 701 N. Bristow Avenue Drumright, OK 74030 Admin: Brian Shane Ombudsman: Ramona Conner	(918) 352-3249	YES	YES	133	<ul style="list-style-type: none"> • Secured memory care unit • Respite care • Hospice available • PT, OT, ST Rehab
Emerald Care Center Tulsa NH 7210 2425 S. Memorial Drive Tulsa, OK 74129 Admin: Julie Justice Ombudsman: Ramona Conner	(918) 628-0932	YES	YES	118	<ul style="list-style-type: none"> • PT, OT, ST Rehab • Secured exits • Smoke-free building
Fairfax Behavioral Health and Memory Care Community NH 5702 282 County Road 6300 Fairfax, OK 74637 Admin: Jennifer Richmond Ombudsman: Cathy Sullins	(918) 642-3234	YES	YES	60	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Smoke-free building

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Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Forest Hills Care & Rehab Center NH 7244 4300 W. Houston Street Broken Arrow, OK 74012 Admin: Dwayne Hill Ombudsman: Cathy Sullins	(918) 254-5000	YES	YES	159	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Smoke-free building
Franciscan Villa CC 7202 17110 E. 51 st Street Broken Arrow, OK 74012 Admin: Ruben Bearer Ombudsman: Edward Jones	(918) 355-1596	YES	YES	80	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • Advantage Program • Smoke-free building
Glenwood Healthcare NH 7233 1700 E. 141 st Street Glenpool, OK 74033 Admin: Richard Moravek Ombudsman: Edward Jones	(918) 291-4230	YES	YES	119	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Grace Skilled Nursing & Therapy NH 7202 711 North Fifth Street Jenks, OK 74037 Admin: Jamelah “Jay” Fortenberry Ombudsman: Edward Jones	(918) 299-8508	YES	YES	187	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • Secured exits
Gracewood Health and Rehab NH 7229 6201 E. 36 th Street Tulsa, OK 74135 Administrator: Destiny Gullick Ombudsman: Ramona Conner	(918) 622-3430	YES	YES	121	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Current as of 03/26/2026

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other info & Services
Green Country Care Center NH 7204 3601 N. Columbia Avenue Tulsa, OK 74110 Admin: Jerry Cliff Ombudsman: Edward Jones	(918) 428-3600	YES	YES	114	<ul style="list-style-type: none"> • Advantage respite care • Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Ignite Medical Resort NH 7262 8720 S. 101 st E. Ave. Tulsa, OK 74133 Admin: Revel Castillo Simon Ombudsman: Edward Jones	(918) 965-0101	YES	YES	102	<ul style="list-style-type: none"> • OT, PT, ST • Smoke-free
Leisure Village NH 7216 2154 S. 85 th East Avenue Tulsa, OK 74129 Admin: Daniqua Hill Ombudsman: Ramona Conner	(918) 622-4747	YES	YES	117	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Maplewood Care Center is now Tulsa Care for Rehabilitation & Healthcare					<ul style="list-style-type: none"> •
Montereau CC 7204 6800 S. Granite Avenue Tulsa, OK 74136 Admin: Tracie Nail Ombudsman: Ramona Conner	(918) 491-5200	YES	NO	74	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Current as of 03/26/2026

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
North County Nursing & Rehab NH 7207 2300 W. Broadway St Collinsville, OK 74021 Administrator: Eisen Shelton Ombudsman: Cathy Sullins	(918) 371-2545	YES	YES	85	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • Advantage Program • Smoke-free building
Oklahoma Memory Care Institute NH 7209 3333 E. 28 th Street Tulsa, OK 74114 Admin: Michael Rife Ombudsman: Ramona Conner	(918) 203-0606	YES	YES	56	<ul style="list-style-type: none"> • Memory Care only
Rainbow Health Care Community CC 1901 111 E. Washington Avenue Bristow, OK 74010 Admin: Ryan Alsup Ombudsman: Ramona Conner	(918) 367-2246	YES	YES	106	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits
Saint Simeon's Episcopal Home CC 7205 3701 M.L.K., Jr. Blvd. Tulsa, OK 74106 Administrator: Stephanie Sullins Ombudsman: Ramona Conner	(918) 425-3583	YES	NO	109	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Alzheimer's unit

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Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Sand Springs Nursing & Rehab NH 7217 1025 N. Adams Road Sand Springs, OK 74063 Admin: Julie Dyson Ombudsman: Ramona Conner	(918) 245-5908	YES	YES	213	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Residents' smoking room • Respite care
Sapulpa Nursing Center 1310 E Cleveland Ave Sapulpa, OK 74066 Interim Admin: Ernie Johnson Ombudsman: Ramona Conner	(918) 917-2010	YES	YES	85	
Senior Suites NH 7214 3501 W. Washington Street Broken Arrow, OK 74012 Interim Admin: Chervyl Jacob Ombudsman: Cathy Sullins	(918) 250-5405	YES	YES	52	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Sequoyah Pointe Living Center NH 7242 8515 N. 123 rd E. Avenue Owasso, OK 74055 Admin: Amanda Blankenship Ombudsman: Cathy Sullins	(918) 272-5151	YES	YES	92	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits
Sherwood Manor NH 7225 2416 W. 51 st Street Tulsa, OK 74107 Admin: Darlene Kindle Ombudsman: Ramona Conner	(918) 446-4284	YES	YES	102	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Residents' smoking room

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Skiatook Nursing Home NH 5705 318 S. Cherry Street Skiatook, OK 74070 Admin: Melissa Johnson Ombudsman: Cathy Sullins	(918) 396-2149	YES	YES	70	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab
Southern Hills Rehab Center NH 7227 5170 S. Vandalia Avenue Tulsa, OK 74135 Admin: Richard Manganya Ombudsman: Edward Jones	(918) 496-3963	YES	YES	118	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab
The Ambassador NH 7201 1340 E. 61 st Tulsa, OK 74136 Admin: Rebecca Murray Ombudsman: Cathy Sullins	(918) 743-8978	YES	YES	171	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits
The Cottage at Woodland Hills NH 7253 7707 S. Memorial Drive Tulsa, OK 74133 Admin: David Barrett Ombudsman: Edward Jones	(918) 250-8571	YES	YES	176	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Smoke-free building

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Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
The Gardens NH 1906 1165 Brenner Road Sapulpa, OK 74066 Admin: Candace Barnes Ombudsman: Ramona Conner	(918) 224-0600	YES	YES	80	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
The Highlands at Owasso NH 7259 10098 N. 123 rd E. Avenue Owasso, OK 74055 Admin: Terrence Gibson Ombudsman: Cathy Sullins	(918) 928-4800	YES	YES	105	<ul style="list-style-type: none"> • Safe Room • Van transportation • Rehab
The Villages at Southern Hills CC 7207 5721 S. Lewis Avenue Tulsa, OK 74105 Admin: Lee Sudbeck Ombudsman: Cathy Sullins	(918) 447-6447	YES	YES	110	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured & scheduled exits • Scheduled transportation • Lifetime wellness • Smoke-free campus
Trinity Woods NH 7218 4134 E 31 st St Tulsa, OK 74135 Admin: Britani Chappel Ombudsman: Ramona Conner	(918) 743-2565	YES	YES	84	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

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Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Tulsa Care for Rehabilitation & Healthcare <i>(formerly Maplewood Care Center)</i> NH 7226 6202 E. 61 st Street Tulsa, OK 74136 Admin: Merrideth Harper Ombudsman: Edward Jones	(918) 494-8830	YES	YES	149	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • Secured exits • Smoke-free building
Tulsa Nursing Center NH 7230 10912 E 14 th St Tulsa, OK 74128 Admin: Susan Crimmins Ombudsman: Ramona Conner	(918) 438-2440	YES	YES	104	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured & scheduled exits • Scheduled transportation • Lifetime wellness
University Village NH 7213 8555 S. Lewis Avenue Tulsa, OK 74137 Admin: Tammy Brown Ombudsman: Ramona Conner	(918) 299-2661	YES	YES	80	<ul style="list-style-type: none"> • Parkinson's program • Respite care • Hospice available • PT, OT, ST Rehab • Smoke-free building
Village Health Care Center NH 7228 1709 S. Main Street Broken Arrow, OK 74012 Admin: Patty Woodhouse Ombudsman: Ramona Conner	(918) 251-2626	YES	YES	80	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Zarrow Pointe CC 7203 2025 E. 71 st Street Tulsa, OK 74136 Admin: Mathew Snyder Ombudsman: Cathy Sullins	(918) 496-8333	YES	NO	62	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

CONTINUUM OF CARE

What is a Continuum of Care Facility?

Continuum of Care and Assisted Living
66 O.S. Supp. 1998, Section 1-890. 1 et qes., and the
Continuum of Care and Assisted Living Rules
OAC 310:663

“Continuum of care facility” means a home, establishment or institution providing nursing facility services as defined in Section 1-1902 of Title 63 of the Oklahoma Statutes and one or both of the following:

- (A) Assisted Living center services as defined in the Continuum of Care and Assisted Living Act; and
- (B) Adult Day Care center services as defined in Section 1-872 of Title 63 of the Oklahoma Statutes 63: 1-890.2.4.)

Continuum of care facilities gives the consumer a choice of settings that can be adjusted to meet their needs and capabilities. When living in a continuum of care, residents might not have to be discharged based on short-term variations in their health status or ability to ambulate. This type of facility combines the services of a nursing home with an assisted living center or an adult day care center.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org, and the Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/.

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Baptist Village of Owasso Evergreen Care Center CC 7206 12600 E. 73 rd Street North Owasso, OK 74055 Admin: Mitzi Epperson Ombudsman: Edward Jones	(918) 272-8007	YES	YES	120	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Covenant Living at Inverness CC 1902 3800 W. 71 st Street Tulsa, OK 74132 Admin: Sarah Soliman Ombudsman: Cathy Sullins	(918) 481-9988	YES	NO	135	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building
Franciscan Villa CC 7202 17110 E. 51 st Street Broken Arrow, OK 74012 Admin: Ruben Bearer Ombudsman: Edward Jones	(918) 355-1596	YES	YES	165	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • Veteran Approved • PT, OT, ST Rehab, smoke-free
Montereau CC 7204 6800 S. Granite Avenue Tulsa, OK 74136 Admin: Tracie Nail Ombudsman: Ramona Conner	(918) 491-5288	YES	NO	194	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits, Smoke-free bldg

Current as of 03/26/2026

Name/Address	Phone	Medicare/ Skilled Nursing	Medicaid	Licensed Beds	Other Info & Services
Rainbow Health Care Community CC 1901 111 E. Washington Avenue Bristow, OK 74010 Admin: Ryan Alsup Ombudsman: Ramona Conner	(918) 367-2246	YES	YES	106	<ul style="list-style-type: none"> • Respite care • Separate unit for Alzheimer's/Dementia • Hospice available • PT, OT, ST Rehab • Secured exits
Saint Simeon's Episcopal Home CC 7205 3701 M.L.K., Jr. Blvd. Tulsa, OK 74106 Administrator: Stephanie Sullins Ombudsman: Ramona Conner	(918) 425-3583	YES	NO	55	<ul style="list-style-type: none"> • Respite care • Hospice available • Veteran Approved • PT, OT, ST Rehab • Alzheimer's unit
The Villages at Southern Hills CC 7207 5721 S. Lewis Avenue Tulsa, OK 74105 Admin: Lee Sudbeck Ombudsman: Cathy Sullins	(918) 447-6447	YES	YES	100	<ul style="list-style-type: none"> • Respite care • Hospice available • PT, OT, ST Rehab • Secured & scheduled exits • Scheduled transportation • Lifetime wellness • Smoke-free campus
Zarrow Pointe CC 7203 2025 E. 71 st Street Tulsa, OK 74136 Admin: Mathew Snyder Ombudsman: Cathy Sullins	(918) 496-8333	YES	NO	62	<ul style="list-style-type: none"> • Hospice available • PT, OT, ST Rehab • Secured exits • Smoke-free building

Current as of 03/26/2026

ASSISTED LIVING

What is an Assisted Living Facility?

Title 310. Oklahoma State Department of Health, Chapter 663. Continuum of Care and Assisted Living

Assisted living means any home or establishment offering, coordinating or providing services to two or more persons who are domiciled therein; are unrelated to the operator; by choice or functional impairments, need assistance with personal care or nursing supervision; may need intermittent or unscheduled nursing care; may need medication assistance; and may need assistance with the transfer and ambulation as defined in Section 310.663-1-2 of the Oklahoma Statutes. (63: 1-890.1.1.)

Costs vary with the residence, unit size and the types of services needed by the residents. Medicaid does not cover costs of assisted living facilities. Also, pay close attention to contracts or agreements as they differ from facility to facility.

What types of services are offered in Assisted Living Facilities?

- Three meals per day in a common dining area.
- Housekeeping services.
- Transportation.
- Assistance with Activities of Daily Living (ADL): eating, bathing, dressing, toileting and mobility.
- 24-hour security and staff availability.
- Medication management.
- Emergency call systems for each resident's unit.
- Social and recreational activities.
- Personal laundry services.

For more information on Assisted Living in Oklahoma, contact the Oklahoma Senior Living Association at <https://ok-sla.org>

ASSISTED LIVING FACILITY CHECKLIST

Costs vary with the residence, unit size and the types of services needed by the resident. Medicaid does not cover costs of assisted living facilities. Also, pay close attention to contracts or agreements as they differ from facility to facility. The following is a consumer checklist of important services, amenities and accommodations in assisted living communities. Every community is unique. Each provider should have copies of their resident contract outlining, at a minimum, services, prices, extra charges, admission and discharge criteria. Consider the following as you assess an assisted living residence:

- ✓ Did you receive a warm greeting from staff welcoming you to the residence?
- ✓ Do residents socialize with each other and appear happy and comfortable?
- ✓ Is a contractual agreement available that discloses health care and supportive services, all fees, as well as admission and discharge provisions?
- ✓ Are additional services available if the resident's needs change?
- ✓ Are there different costs for various levels or categories of services?
- ✓ Is there evidence of an organized activities program, such as a posted daily schedule, events in progress, reading materials, visitors, etc.?
- ✓ Are there set time for meals? If so, when are they?
- ✓ Are residents able to bring their own furnishings for their unit? What is provided? May residents decorate their own units?
- ✓ Is the residence clean, free of odors and appropriately heated/cooled?
- ✓ To what extent are medical services available and how are these services provided?
- ✓ Can the residence provide a list of services available?
- ✓ Does the residence provide housekeeping and/or personal laundry and linen services in the resident's units?
- ✓ Does the residence provide transportation to doctor's offices, shopping and other activities desired by residents?
- ✓ Are there various sizes and types of units available?

Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Aberdeen Heights 7220 S. Yale Tulsa, OK 74136 Ombudsman: Ramona Conner	(918) 496-0123	AL 7201	120	Administrator: Cheryl Ledbetter
Baptist Village of Broken Arrow The Neighborhoods 3801 N. Birch Avenue Broken Arrow, OK 74012 Ombudsman: Ramona Conner	(918) 355-0099	AL 7259	48	Administrator: Monty Baggett Memory Care unit
Baptist Village of Owasso Liberty Place (Assisted Living) 7310 N. 127 th E. Avenue Owasso, OK 74055 Ombudsman: Edward Jones	(918) 272-8007	CC 7206	65	Administrator Mitzi Epperson
Baptist Village of Owasso Thompson Family Neighborhood (Assisted Living Memory Care) 12317 E. 73 rd Street North Owasso, OK 74055 Ombudsman: Edward Jones	(918) 272-2281	CC 7206	20	Administrator: Mitzi Epperson
BeeHive Homes of Broken Arrow 3200 W. Washington Street Broken Arrow, OK 74012 Ombudsman: Ramona Conner	(918) 505-9995	AL 7269	22	Administrator: Lyndy Wheat

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Name/Address	Phone	Code	Number of Beds	Administrator/Comments
BeeHive Homes of Glenpool 12570 Vancouver Avenue Glenpool, OK 74033 Ombudsman: Ramona Conner	(918) 701-3709	#1, AL 7242	24	Administrator: Lisa Meacham
		#2, AL 7143	26	
BeeHive Homes of South Tulsa 10201 S Yale Avenue Tulsa, OK 74137 Ombudsman: Ramona Conner	(918) 505-2717	AL	30	Administrator: Anthony Fleming
Bellarose Senior Living 18001 E. 51 st Street Tulsa, OK 74134 Ombudsman: Edward Jones	(918) 355-0151	AL 7240	110	Administrator: Debbie Matses
Brookdale Broken Arrow 4011 S. Aspen Broken Arrow, OK 74011 Ombudsman: Edward Jones	(918) 451-1987	AL 7204	80	Executive Director: Kari Willard
Brookdale Owasso 12807 E. 86 th Place North Owasso, OK 74055 Ombudsman: Cathy Sullins	(918) 272-0202	AL 7207	43	Executive Director: Tyler Watts
Canoe Brook Broken Arrow Assisted Living 2621 S. Elm Place Broken Arrow, OK 74012 Ombudsman: Edward Jones	(918) 451-9626	AL 7262	45	Executive Director: Tim Simpson Accepts Advantage

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Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Cedar Ridge Senior Living 10107 S. Garnett Broken Arrow, OK 74011 Ombudsman: Cathy Sullins	(918) 252-0590	AL 7256	74	Executive Director Kari Lazear Memory Care unit
Chapters Living of Tulsa South 7807 S. Mingo Road Tulsa, OK 74133 Ombudsman: Edward Jones	(918) 249-1300	AL 7238	46	Executive Director: Rachel Ray
Comprehensive Community Rehab Services 10018 E. 29 th Street Tulsa, OK 74129 Ombudsman: Cathy Sullins	(918) 574-8833	AL 7219	6	Administrator: Sue Slama
Covenant Living at Inverness 3800 W. 71 st Street South Tulsa, OK 74132 Ombudsman: Cathy Sullins	(918) 481-9988	CC 1902	47	Administrator: Cindy Ivy
Covenant Living of Bixby 7300 E. 121 st Place South Bixby, OK 74008 Ombudsman: Ramona Conner	(918) 970-4433	AL 7264	68	Administrator: Patricia Behrens
Forest Hills Assisted Living 4304 W. Houston St. Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	(918) 250-1700	AL 7211	42	Administrator: Amber Chavez Accepts Advantage.

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Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Franciscan Villa 17110 E. 51 st South Broken Arrow, OK 74012 Ombudsman: Edward Jones	(918) 355-1596	CC 7202		Admin: Ruben Bearer Accepts Advantage.
Green Tree at Sand Springs 4204 S. 129 th W. Avenue Sand Springs, OK 74063 Ombudsman: Edward Jones	(918) 246-8733	AL 7228	68	Administrator: Tammy Richards Memory Care unit
Homestead of Owasso 14701 E. 86 th St. North Owasso, OK 74055 Ombudsman: Cathy Sullins	(918) 376-2226	AL 7225	60	Executive Director: Joe Pomeroy Memory Care unit
Iris Memory Care 9494 E. 101 st Street Tulsa, OK 74133 Ombudsman: Ramona Conner	(918) 940-1800	AL 7266	57	Administrator: Debra Lovelace
Legend at Mingo Road 7902 S. Mingo Road Tulsa, OK 74133 Ombudsman: Edward Jones	(918) 893-3500	AL 7261	85	Residence Director: Brooke Howard Memory Care unit
Legend at Tulsa Hills 701 West 71 st Street South Tulsa, OK 74133 Ombudsman: Cathy Sullins	(918) 588-3600	AL 1103	95	Residence Director: Carla Gay Memory Care unit

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Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Living Rose Christian Assisted Living Home 1108 North Fern Avenue Broken Arrow, OK 74012 Ombudsman: Ramona Conner	(918) 851-7906	AL 7260	5	Administrator: Tammy Spinazzola
Mercy Springs Living Center 7916 E. 55th St Tulsa, Ok 74145 Ombudsman: Ramona Conner	(918) 281-9256	AL7270	5	Admin/Owner: Kara Copes Accepts small pets.
Montereau (The Villa Assisted Living) 6800 S Granite Tulsa, OK 74136 Ombudsman: Ramona Conner	(918) 491-5288	CC 7204	90	Administrator: Tracie Nail
North County Assisted Living 523 North 22 nd Street Collinsville, OK 74021 Ombudsman: Cathy Sullins	(918) 371-1919	AL 7218	35	Executive Director: Dinah Donley Accepts Advantage
Oxford Glen Memory Care 11113 E 103 rd St. North Owasso, OK 74055 Ombudsman: Cathy Sullins	(918) 376-0960	AL 7239	42	Exec. Director: Elizabeth WhiteCloud

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Name/Address	Phone	Code	Number of Beds	Administrator/Comments
Oxford Springs Assisted Living 8231 S Mingo Road Tulsa, OK 74133 Ombudsman: Edward Jones	(918) 600-0924	AL 7205	43	Executive Director: Michelle Netters
Oxford Springs Memory Care 6022 E 71 st Street Tulsa, OK 74136 Ombudsman: Edward Jones	(918) 494-4011	AL 7206	52	Executive Director: Arron Stewart
Prairie House Assisted Living & Memory Care 2450 N Stone Ridge Drive Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	(918) 940-5200	AL 7241	105	Residence Director: Brandon Albright
Rainbow Assisted Living 111 E Washington Bristow, OK 74010 Ombudsman: Ramona Conner	(918) 367-6500	CC 7205	20	Administrator: Ryan Alsup
Saint Simeon's 3701 Martin Luther King, Jr. Blvd Tulsa, OK 74106 Ombudsman: Ramona Conner	(918) 425-3583	CC 7205	88	Administrator: Stephanie Sullins
Sand Plum Assisted Living 9999 E. 121 st Bixby, OK 74008 Ombudsman: Edward Jones	(918) 369-7100	AL 7229	100	Administrator: Dani Woodland Accepts Advantage.

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Name/Address	Phone	Code	Number of Beds	Administrator/Comments
The Courtyards at The Ambassador 1380 E. 61 st Street Tulsa, OK 74136 Ombudsman: Cathy Sullins	(918) 743-7887	AL 7210	75	Administrator: Magen James
The Grove at Midtown 5211 South Lewis Tulsa, OK 74105 Ombudsman: Cathy Sullins	(918) 743-2700	AL 721	120	Area Dir., Operations: Jennifer Braun
The Parke 7821 E. 76 th Street Tulsa, OK 74133 Ombudsman: Edward Jones	(918) 249-1262	AL 7208	70	Administrator: Michayne Morris
The Stonehaven Assisted Living & Memory Care 10802 E 81 st St Tulsa, OK 74133 Ombudsman: Ramona Conner	(918) 203-0210	AL 7267	142	Administrator: Jessica Bolen
The Villages at Southern Hills 5721 S. Lewis Tulsa, OK 74105 Ombudsman: Cathy Sullins	(918) 447-6447	CC 7207	100	Administrator: Lee Sudbeck Accepts Advantage.
Trinity Woods 3130 S. Sandusky Avenue Tulsa, OK 74135 Ombudsman: Ramona Conner	(918) 743-2565	AL 7226	50	Administrator: Brittani Chappell

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Name/Address	Phone	Code	Number of Beds	Administrator/Comments
University Village 8555 S. Lewis Tulsa, OK 74137 Ombudsman: Ramona Conner	(918) 299-2661	AL 7214	100	Administrator: Trish Matos
Zarrow Pointe 2025 E. 72 nd Street Tulsa, OK 74136 Ombudsman: Cathy Sullins	(918) 496-8333	CC 7203	61	Administrator: Mathew Snyder

RESIDENTIAL CARE

What is a Residential Care Facility?

Nursing Home Care Act

Title 63 of the Oklahoma Statutes

Section 1-1901 et. Seq. with 2001 Amendment

63-1-1902. Definitions.

“Residential care home” means any home, establishment or institution licenses pursuant to the provisions of the Residential Care Act other than a hotel, motel, fraternity or sorority house, or college or university dormitory, which offers or provides residential accommodations, food service, and supportive assistance to any of its residents or houses any resident requiring supportive assistance. The resident shall be persons who are ambulatory and essentially capable of managing their own affairs, but who do not routinely require nursing care; provided, the term “residential care home” shall not mean a hotel, motel, fraternity or sorority house, or college or university dormitory, if the facility operates in a manner customary to its description and does not house any person who requires supportive assistance from the facility in order to meet an adequate level of daily living.

A residential care home may provide assistance with meals, dressing, bathing, and other personal needs, and it may assist in the administration of medications. However, it cannot provide medical care. Residents need to be ambulatory. Some residential care homes are located in large facilities while others are in small homes. Medicaid does not pay for people to live in residential care facilities.

For more information, check the following websites: Nursing Home Compare and State Health Department Survey Information at www.medicare.gov, National Consumer Voice for Quality Long-Term Care at www.theconsumervoice.org, AARP Nursing Home Resource at www.aarp.org, and Oklahoma Nursing Home Inspection Database and Nursing Facility Changes at www.ok.gov/health/, go to “Long Term Care Inspection Surveys” under, “Online Services.”

Current as of 03/26/2026

Name/Address	Code Residential Care	Phone	Number of Beds	Administrator/Comments
House of Eden 2604 North MLK Jr Blvd. Tulsa, OK 74106 Ombudsman: Ramona Conner	RC 7281	539-867-1531	16	Executive Director: Darlene Reynolds

Current as of 03/26/2026

INTERMEDIATE CARE FACILITY FOR INDIVIDUALS WITH INTELLECTUAL DISABILITIES (ICFIID)

What is an Intermediate Care Facility for Individuals with Intellectual Disabilities?

Title 310. Oklahoma State Department of Health: Chapter 675. Nursing and Specialized Facilities.

Subchapter 11. Intermediate Care Facilities of 16 beds and less for Individuals with Intellectual Disabilities (ICF/IID-16)

Section 310:675-11-1. Scope

This Subchapter is applicable to small facilities serving individuals with intellectual disabilities which provide residential accommodations and transitional living training to aid residents in adapting to live in the general society. Resident accommodations are limited to not more than 16 residents, plus any required "live-in" staff. Facilities qualifying under this subsection shall be exempt from other subsections of this Chapter, except for the definitions provided in 310:675-1-2 and as may be specifically referenced in this subsection. In addition to these requirements, all facilities must meet the provisions of the Nursing Home Care Act.

(Amended at 26 OK Reg 2059; amended at 36 Ok Reg 1748, eff 9-13-19.)

ICFID (Intermediate Care Facilities for Individuals with Disabilities) is a specialized facility providing health care or rehabilitation services to individuals with mental retardation or developmental disabilities.

"A specialized facility is any home, establishment or institution that offers or provides inpatient long-term care services on a 24 hour basis to a limited category of persons requiring such services, including but not limited to a facility providing health or habilitation services for persons who have mental retardation or developmental disabilities."

You can find the definition of specialized facility in the Nursing Home Care Act and also in CODE policy. ICFID is not defined within those acts, but for the purpose of the Directory, the specialized facility is applicable. For more information regarding ICFID facilities, please go to http://www.cms.gov/manuals/downloads/som107ap_i_intermcare.pdf

Current as of 03/26/2026

Name/Address	Code	Phone	Number of Beds	Administrator/Comments
Gatesway Foundation, Inc. 1217 E. College Street Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7212	(918) 259-1445	69	Interim Admin: Adam Stephens
Gatesway Foundation, Inc. II 1217 E. College Street Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7236	(918) 258-3900	16	Interim Admin: Adam Stephens
Gatesway Foundation, Inc. III 1401 E. College Street Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7252	(918) 258-3900	3	Interim Admin: Adam Stephens
Gatesway Foundation, Inc. IV 1301 E. Ray Miller Jr. Loop Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 257	(918) 258-3900	8	Interim Admin: Adam Stephens
Gatesway Foundation, Inc. V 1305 E. Ray Miller Jr. Loop Broken Arrow, OK 74012 Ombudsman: Cathy Sullins	NH 7258	(918) 258-3900	8	Interim Admin: Adam Stephens
Paddington Place 76 West Rachel Bixby, OK 74008 Ombudsman: Edward Jones	Cottage 1: NH 7263 Cottage 2: NH 7264 Cottage 3: NH 7265 Cottage 4: NH 7266	(918) 290-3401	32	Administrator: Lauren Evans

Current as of 03/26/2026